

Salt Dough Starfish

Items you will need: 2 cups flour, 2 cups salt, 1 cup water

Step 1: Mix all ingredients in a bowl until well combined. Knead the dough to get it smooth.

Step 2: To create a starfish shape, start with a ball of dough. Gently pull out five “blobs” evenly spaced around the center to become the arms. Try to make them as equal as possible. You can always add more dough or take some off if a starfish arm is too small or too big.

Step 3: Now just gently pull on each arm and shape it to look like a starfish. Push on the sides and pull the arms out, then lightly press on the top and sides to make the basic starfish shape.

Step 4: Now comes the fun part! This is where you customize your starfish just how you like it. A simple Google search will give you lots of ideas!

Step 5: When all the starfish have been created, you can either let them air dry over a few days or bake them. Baking is perfect if you are impatient. Place them in a 325 degree oven and cook until they are firm to the touch and baked thoroughly. This can take about an hour for a small starfish, and can take 2-3 hours for a bigger, thicker starfish.

Step 6: After the starfish have cooled, you can either leave them plain and natural, or paint them.

Note: You do not have to make Starfish, you can use your salt dough to make anything! Get creative!!



Source: <https://thecraftingchicks.com/salt-dough-starfish-kids-craft/>