Sunflower Planting Instructions

**Items you are given:** Peat pellet, plastic cup, bag of seeds  
**Items you will need:** warm water and sunlight 😊

**Step 1:** Put the peat pellet into the plastic cup and fill to the top with warm water. Let the pellet absorb the water, this may take several minutes….or you can even start it at night and let it absorb water overnight. Add more water (or dump out extra) if needed. The pellet should expand to fill the entire cup with about a half inch left at the top of the cup. The dirt will be very wet. This is OK for the initial planting.

**Step 2:** Put 2-4 seeds on top of the expanded pellet and gently push the seeds down until they are just covered with dirt. (Don’t push them too far in, just until barely covered, they need some light to germinate.)

**Step 3:** Once the seeds are planted, place the cup in a sunny location and make sure the soil does not dry out (or get too soggy). Seeds should start to sprout in 7-10 days. **BE PATIENT**...keep them sunny, **moist** and warm.

**Step 4:** Once the seeds have sprouted, you can let them grow until they get about 3-4 inches tall, then **carefully** transfer to a sunny (but protected) area of your yard. (Make sure the squirrels and birds don’t eat them.) Or transplant to a larger pot so each seedling has its own space to continue to grow. Be very careful not to damage the roots! And **ENJOY**!